

LifeGroup Study

The Life You Were Made For : The Good Life

SERMON SUMMARY

Life feels like it is falling apart when we are trapped in either total chaos or rigid tyranny. As image-bearers of God (*Imago Dei*), our calling isn't to reach a static, perfect end state, but to act as dynamic mediators. Bringing order to your calendar, home, and habits is not a legalistic burden to earn God's favor, it is a spiritual response to grace, anchored in Jesus, the one who holds all things together.

KEY VERSE

Genesis 1:31a
And God saw all that He had made, and behold, it was very good.

SERMON NOTES

<https://bible.com/events/49665585>

DISCUSSION GUIDE

1. What ideas from the sermon caught your attention?
2. We often navigate life in one of three modes: Chaos (feeling out of control, anxious, drifting), Tyranny (feeling burned out, rigid, stagnant), or The Edge (the healthy, dynamic growth zone). Thinking of your typical week, which zone do you tend to be in?
3. Read Genesis chapter 1. In this chapter God creates order from chaos. We are called to do the same as his image bearers. How does viewing tasks like scheduling, organizing, cleaning, or establishing healthy routines as acts of "reflecting God's image" change your perspective?
4. God declared His creation "good," not a static, rigid "perfection." Where in your life have you let the impossible demand of "perfection" keep you from taking simple steps toward what is "good" and sometimes messy?
5. Read Matthew 14:22-33. When Peter stepped out of the boat to walk on water toward Jesus, he only began to sink when he shifted his focus off Christ and onto the chaos of the wind and waves around him. When daily chaos starts rising in your home or workplace, what does it practically look like for you to keep your eyes fixed on Jesus rather than getting overwhelmed by the environment?
6. Read Colossians 1:15-17 and Matthew 11:28-30. Jesus is the creator and sustainer who holds our life together when our personal strength fails. In what specific area of your life are you currently trying to "hold everything together" in your own strength instead of surrendering that responsibility to Jesus?
7. Is there an area of your life—a habit, a situation, or a person—where you've secretly given up on expecting things to get better? What would it take for you to trust that God is still at work there?
8. Because God is infinite, walking with Him always offers new depths to explore. What is one area of your walk with God where you have settled into rut, and how can you invite Him to stretch your faith in new ways this season?

CLOSING PRAYER

Go around the circle (or open the floor) for one sentence prayers using the language of God as creator and sustainer.

"God, would you do/create _____."

"God, hold my _____ together."

Finish with the group responding in unison: "Lord Jesus, in You all things were created and all things hold together."