

# LifeGroup Study

## Animated: Poured Out

### SERMON SUMMARY

Pentecost is the moment God's personal presence became permanently accessible to everyone. The Holy Spirit is not an abstract force, but a personal companion. He is fully available to you today, stepping in to animate, energize, and empower you from the inside out so you can dynamically follow Jesus in your everyday life.

### KEY VERSE

John 14:16-17a - "And I will ask the Father, and he will give you another Helper, to be with you forever, even the Spirit of truth..."

### SERMON NOTES

<https://bible.com/events/4961119>  
Z

### DISCUSSION GUIDE

1. What ideas from the sermon caught your attention?
2. Read John 14:16-17. The Holy Spirit is the third person of the Trinity. He is fully God. When you think about or pray to the Holy Spirit, do you tend to view Him more as an abstract force or as a personal companion? How does shifting your mindset to see Him as a person change how you relate to Him?
3. What are misunderstandings you think people have about the Holy Spirit? Have you ever associated the Holy Spirit mainly with strange experiences, rather than everyday life with God?
4. Scripture introduces the Spirit as the very breath of God that brings dead things to life and sustains all creation. In your current season of life, where do you feel a lack of spiritual vitality or feel "out of breath"? How does it comfort or challenge you to know that God's life-giving breath is actively present with you?
5. Read Romans 8:11. When you look at your life right now, does your day-to-day existence feel like it is backed by resurrection power, or does it feel more like you are just trying to survive on your own energy? What is one area where you desperately need that resurrection vitality today?
6. Read Acts 2:38-39 and Luke 11:9-13. Do you ever feel like the Holy Spirit is for "other people" who are more spiritual than you? If God is eager to give His Spirit, what keeps you from simply asking and receiving with childlike trust?
7. Read Acts 1:8. Can you recall a time in your life when you felt a sudden, distinct surge of spiritual energy, patience, or boldness that you know didn't originate from your own human strength? What did that experience look like?
8. Read Galatians 5:25. In this season, does your life feel more driven by pressure, duty, and your own effort, or by the life and pace of the Holy Spirit? What would it look like to keep in step with Him this week?
9. Think about your typical Monday-to-Saturday routine (work, chores, errands, family time). In which specific moments or environments do you find it easiest to completely forget that God's Spirit is right there inside you?

### CLOSING PRAYER

Spend a few moments in silence. Invite the group to physically take a deep breath in, and mentally pray, "Holy Spirit, remind me of your presence." As they exhale, pray, "I release my own self-reliance." Repeat this quietly for one to two minutes.