

LifeGroup Leader Guide

Holy Drip: The New You

20251116

Opening Prayer

“Father, thank You for clothing us with Your love and calling us to live as Your chosen people. As we open our hearts tonight, help us listen to Your Spirit and love one another with compassion, kindness, humility, gentleness, and patience. Shape us into the likeness of Christ in our thoughts, words, and actions. Amen.”

1. What insights, comments, or questions do you have about this week’s sermon?

Leader Insight:

Start here to reconnect everyone to the weekend teaching. This helps surface what resonated, confused, or challenged people. Encourage honesty—sometimes questions or tension reveal where the Spirit is prompting growth.

Prompt ideas:

- “What part of the sermon stayed with you this week?”
 - “Was there a specific story or verse that connected with you?”
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2. Who in your life models one of the five virtues from Colossians 3:12 effortlessly?

(compassion, kindness, humility, gentleness, patience)

Leader Insight:

This helps members see how these virtues look in everyday life. Encourage storytelling and reflection on how that person impacts others.

Prompt ideas:

- “What about that person’s behavior reflects Jesus?”
 - “How does being around them affect your own heart or behavior?”
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3. How does Jesus embody each of these five virtues?

Leader Insight:

Guide the group to focus on Jesus as the perfect model. Read Colossians 3:12 together, then recall stories from the Gospels that show each virtue.

Prompt ideas:

- “Where do you see Jesus showing compassion or patience in the Gospels?”
 - “How does His humility challenge cultural definitions of strength?”
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4. When you become a follower of Jesus, you are given a new identity that your behavior has to catch up to. When have you shown up dressed in your old self recently?

Leader Insight:

This question invites vulnerability. Remind the group there’s no shame—this is about awareness and growth. Share personally first to model openness.

Prompt ideas:

- “What triggered your ‘old self’ this week?”
 - “How might you respond differently next time with your new identity in mind?”
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5. Is there one of the five virtues from Colossians 3:12 that is most difficult for you to wear or ‘put on’?

Leader Insight:

Encourage reflection on spiritual growth areas. Avoid comparison—remind everyone that sanctification is a lifelong process.

Prompt ideas:

- “Why might that particular virtue be challenging for you right now?”
 - “What might it look like to invite the Spirit into that weakness?”
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6. ‘Speed kills.’ Where in your schedule or relationships are you moving too fast for the Spirit to ‘dress you’ in these virtues?

Leader Insight:

This emphasizes the importance of slowing down for spiritual formation. Many will resonate with this struggle. Help the group get practical.

Prompt ideas:

- “When do you notice yourself becoming impatient or unkind because of hurry?”
 - “What might slowing down look like in your daily rhythm?”
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7. Think of a person who frustrates you. What lie are you believing about them (or yourself) that makes compassion or humility hard?

Leader Insight:

This invites heart-level reflection. Encourage grace and confidentiality—remind members not to gossip but to examine internal narratives.

Prompt ideas:

- “What false story might you be telling yourself about this person?”
 - “How might seeing them as God sees them change your response?”
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8. John Mark Comer says hurry keeps us ‘too alive to die to self.’ What’s one small way you could slow down this week to create space for a virtue to grow?

(e.g., 5-minute silence before responding to a text)

Leader Insight:

End on a practical, hopeful note. Encourage each member to name one tangible action. Celebrate small steps—spiritual transformation happens gradually.

Prompt ideas:

- “What’s one new rhythm or boundary that could make space for God this week?”
 - “How might you notice and celebrate growth when it happens?”
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