# LifeGroup Study THE MAGNIFICAT: The Reversal 2021-12-12 Participant Notes

## **OVERVIEW:**

Welcome to our LifeGroup Christmas study, The Magnificat. The Magnificat is Mary's prayer/poem/hymn of praise found in Luke 1:46-55. It is her praise to God for the angel's announcement of the upcoming birth of Jesus, the Messiah. In the middle part of the Magnifcat, Mary brings up the theme of reversal between the rich and poor, powerful and humble. This is a foreshadowing of what Jesus will do and what God's kingdom will look like. An important part of this reversal is called "Anawim". In our LifeGroup study, we'll look together at this ancient theme in Scripture and discover how we can live it out today.

## **ICEBREAKER:** I'll Always Remember that Christmas.

Think back through your years of experiencing Christmas. Is there a unique story or memory that causes you to remember a particular Christmas? Share with the group why you will always remember that Christmas.

## STUDY:

READ: Luke 1:46-55. The Magnificat (Mary's Song)

"Oh, how my soul praises the Lord. How my spirit rejoices in God my Saviour! For he took notice of this lowly servant girl, and from now on all generations will call me blessed. For the Mighty One is holy, and he has done great things for me. He shows mercy from generation to generation to all who fear him. His mighty arm has done tremendous things! He has scattered the proud and haughty ones. He has brought down princes from their thrones and exalted the humble. He has filled the hungry with good things and sent the rich away with empty hands. He has helped his servant Israel and remembered to be merciful. For he has made this promise to our ancestors, to Abraham and his children forever." NLT

 On Sunday, Pete talked about Mary's Magnificat, particularly the theme of the reversal between the rich and the poor, powerful and humble. What was a highlight for you from Pete's teaching? There's a word little known in Western Christianity that was a foundation of Hebrew spirituality, appearing throughout both Old and New Testaments. *Anawim*, plural for *anawv* in Hebrew, literally means to "bow down" but by extension means lowly, poor, oppressed, or marginalized. But more than that, it refers to people who have accepted this position in life, see themselves as vulnerable and dependent, and are grateful for all provision—realizing that ultimately they must rely on God rather than themselves for sustenance. The humility, submission, and grateful vulnerability of the anawim were understood as the ideal attitude toward life and God, and that it was primarily an interior attitude of heart that was easier to attain if physically poor as well, but available to even the wealthiest. The anawim are held up as the inheritors of God's kingdom from the Psalms to the Beatitudes, and all the great figures of faith in scripture are anawim at heart regardless of their station in life.

Let's explore this virtue of *anawim* in Elizabeth, Zechariah and the Shepherds. As we read of their vulnerability and dependence, we can learn more of how to cultivate *anawim* in our lives.

## I. ELIZABETH

#### READ: Luke 1:5-7, 24

2. Think about what Luke shares here about Elizabeth. How might God have used her situation to cultivate *anawim* in her life?

### READ: Luke 1:39-42

**3.** In this passage, Elizabeth responds to Mary's arrival and the news of Mary's pregnancy. What do you notice about Elizabeth's response that shows *anawim*?

### II. ZECHARIAH

### READ Luke 1:8-23

**4.** Think about Zechariah's response to Gabriel's announcement. **Why do you think he doubted?** 

### READ Luke 1:57-66

5. In verse 63, when asked what the baby's name should be, Zechariah writes, "His name is John." This confirmed his belief in Gabriel's message (1:13). How does this show anawim in Zechariah?

#### III. THE SHEPHERDS

#### READ Luke 2:8-20

- 6. In Judaism, shepherds were often seen as lowly peasants. Why might God have chosen to bring His angelic message to them?
- 7. After hearing the news, the shepherds hurry to see baby Jesus, then they share this good news with everyone they can (vs. 16-17). What does this teach us about anawim?
- 8. Think back to our three examples of *anawim* in today's study. What is a key takeaway that can help cultivate *anawim* in your life?

#### **EXPERIENCE GOD**

In the Gospel accounts of Jesus' birth, the shepherds give us a powerful example of "anawim". Watch this clip and allow it to speak to your heart about your response to the birth of the King. <u>https://www.wingclips.com/movie-clips/the-chosen-christmas-pilot/shepherds-in-awe</u>

### **PRAYER**

This week let's pray for our Kid's Ministry impact in the upcoming Christmas season.

- Pray for "Christmas for Kids" celebration on Dec 19. During Sunday services, we will share the real meaning of Christmas with all the age groups. We'd love to see kids grasp the truth that we all need a Saviour.
- We give thanks for the fantastic team we already have. We'd love to serve more families, but our capacity to do this depends on having volunteers available. Pray for God to send more passionate people to minister to kids on Sundays.
- Pray that families make Jesus a priority in their homes whether they attend in-person services on Sundays or not.