



**BREAKOUT: Creekside's LifeGroup Study
Session 3 – ENTRUST your life to God.**

Welcome back to the BREAKOUT study for LifeGroups! This week we are taking step 3 – ENTRUST your life to God. This is the Commitment step. When we are imprisoned by a hurt, hang-up or habit, a key place to start to break free is to commit to God. It's about entrusting my life to God and saying something like this – "God, I need You. Your way is the right way. I am committing myself to You." This is a call to let God be God in my life.

CATCHING UP: When you think back over the past few years, what is a significant commitment you have made? This may be a relational commitment, a commitment at work, a spiritual commitment. Share this with your group. What impact has making that commitment had in your life?

MEMORY VERSE:

"God blesses those who are humble, for they will inherit the whole earth." Matthew 5:5

VIDEO TEACHING NOTES: Watch session 3 together (you can access the video at breakoutseries.ca)

The commitment choice is about letting go of my desire for _____ and giving control of my life to _____.

Humility is giving God control by _____ the power God has given me for His glory.

Commitment is about my humble _____ before God.

Things that block my commitment to God.

My response to Jesus is _____

God, I daily entrust my life to You.

STUDY:

Today we are focusing on “The Commitment Step”. Our goal is that you would ENTRUST your life to God as you commit to Him as your Life Leader.

- What was a highlight for you from the video session?
- How has watching the video helped you to see the value of committing to God?

- BREAKOUT SESSION 3

Last week looked at the fact that I matter to God. God loves me and God is for me. This week we are moving from Remembering I matter to God to Entrusting my life to Him. The commitment choice is about surrendering control of my life to God. Some say this is a “head” choice where I agree with God about my need for Him. Others might say it is a “heart” choice where I grow my love for God. Really, this is an “all-of-me” choice where I fully surrender myself and my life to God. As I do that, God will do a work in my life to help me break free. Let’s look at 4 ways God asks me to commit myself to Him.

1. I COMMIT MYSELF TO FOLLOW JESUS AS MY SIN FORGIVER and LIFE LEADER

READ Philippians 2:9-11

- When the lordship of Jesus is settled in a person’s life, all other issues are settled. My values, my schedule, my relationships and decisions, the way I handle my money and my source of authority all hinge on my decision to follow Jesus as my Life Leader, my Lord.

Paul writes that “every knee should bow” before Jesus. What does this posture of bowing the knee before Jesus look like in your life?

- What does it look like to “declare that Christ is Lord”? Does a person need to say some words out loud to do this, or say a prayer to God and declare?
- Why do you think some people have difficulty submitting themselves to the Lordship of Jesus?

2. I COMMIT MYSELF TO READ AND LIVE OUT GOD’S TRUTH

READ: 2 Timothy 3:16-17

“All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.”

- What are the purposes of the Bible according to these verses? How many can you list?
- The Bible is given to us by God to help us live out the new life we have in Christ. Scripture is inspired by God. This means that the Holy Spirit breathed His words into the Bible. Human authors were led by God to write the words we have today; God’s words. (also see 2 Peter 1:21). We should be “people of the book”, people who are immersed in Scripture. What are some challenges to living our lives immersed in Scripture? How can we overcome those challenges?

3. I COMMIT MYSELF TO FOLLOW GOD’S WILL FOR MY LIFE

READ: Matthew 6:9-10

- What do you think Jesus means in his prayer by “your kingdom come”? Think about characteristics of God’s kingdom and see how many you can list as a group.
- What does having a kingdom perspective look like compared to having a self-focused or world-focused perspective? As a group, see if you can come up with 3 differences between these two ways of living. (consider values, habits, relationships) and talk about how you can live with a kingdom focus.

KINGDOM FOCUS

SELF FOCUS

- 1.
- 2.
- 3.

4. I COMMIT MYSELF TO WALK IN GOD'S POWER

READ: Philippians 2:12-13

“Dear friends, you always followed my instructions when I was with you. And now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him.”

- Paul tells us to “work hard to show the results of your salvation”. What does this look like in our practical day-to-day living?
- What does it look like to walk in God's power?

NOTE: LifeGroup Leaders have received an “answer key for the questions in this week's study. To access this document, go to creeksidechurch.ca/lifegroups and click on the answer key for BREAKOUT session 3.

PRAYER

Before you begin your prayer time, read through the following hymn lyrics together. Allow God to speak to your heart about a commitment, or recommitment, He is calling you to make.

Take My Life and Let it Be

1. Take my life and let it be
Consecrated, Lord, to Thee.
*Take my moments and my days,
Let them flow in endless praise.
2. Take my hands and let them move
At the impulse of Thy love.
Take my feet and let them be
Swift and beautiful for Thee.
3. Take my voice and let me sing,
Always, only for my King.

Take my lips and let them be
Filled with messages from Thee.

4. Take my silver and my gold,
Not a mite would I withhold.
Take my intellect and use
Every pow'r as Thou shalt ch`oose.
5. Take my will and make it Thine,
It shall be no longer mine.
Take my heart, it is Thine own,
It shall be Thy royal throne.
6. Take my love, my Lord, I pour
At Thy feet its treasure store.
Take myself and I will be
Ever, only, all for Thee.

FURTHER STUDY OPTIONS FOR YOUR GROUP OR TO DO ON YOUR OWN THIS WEEK

READ: 2 Peter 1:11, 2:20, 3:2,18

- In these verses, Peter refers to Jesus as “Lord and Saviour”. Why is it important to emphasize both of these truths about who Jesus is in relation to us?
- Do you think it is possible to receive Jesus as Saviour and later commit to Him as Lord? Why or why not?

WHAT KIND OF LORD IS HE?

Let's explore some passages that speak to who Jesus is as our Lord.

He is our Lord who “emptied Himself” for us.

READ Philippians 2:1-11

- How does Jesus' attitude help you understand his lordship?
- Why is understanding Jesus' sacrifice for us important to understanding what our response should be to Him?

He is our “Greatest Treasure”

READ: Matthew 13:45-46

- How does this passage help us understand what commitment to Jesus looks like?
- What might it look like to “sell everything” for Jesus today?

He is our coming King

READ: 1 Timothy 6:15-16

- How does this description of Jesus as king inspire your commitment to Him?
- When you think of Jesus as your coming king, what can you do to get ready for His return?

Note: All Scripture references in this study are from the New Living Translation unless otherwise indicated.